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**INFORMATION  
PACK**  
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**Birch Pavilion  
Retreat**





**We are delighted to return to our favourite intimate retreat venue, Birch Pavilion.**

**Join Katy Bateman & Chloë Faulkner for a winter retreat in the Kent countryside.**



## THE WEEKEND OVERVIEW

The retreat will run from **26-28 November**.

### Friday

17.00 onwards: Arrival

19.00: Dinner

20.30: Chilled Yoga & Welcome

### Saturday

08.30: Yoga

10.30: Brunch & Free Time

15.00: Afternoon Nibble & Free Time

17.30: Yoga

19.00: Dinner

### Sunday

08:30: Yoga

10.30: Brunch & Free Time

12.30: Official Retreat Closing Circle

13:30: Afternoon Nibble & Free Time

The retreat will officially end after the closing circle.  
You can choose to stay and relax until 3.30pm.



## ACCOMODATION

Birch Pavilion is a truly stunning location dating back 200 years and set in 3,000 acres of parkland. The rooms of this unique home make the most of the original oak beams found throughout. Impressive 30-foot-high windows in the vaulted sitting room invite natural sunlight to flood into the space, with large comfortable sofas surrounding the amazing inglenook fireplace – the perfect place to sit and relax on a winter evening with a cup of tea and a good book. The open-plan kitchen is perfect for sharing food and conversation with friends. Wifi is available throughout the house and there is plenty of space to relax and enjoy time on your own or with the group. The custom-built yoga studio is located in an adjoining building on the property just a 30-second walk from the house.

All rooms (except room 5) share a bathroom with one other room.

**Room 1** - King Bed - £490 (Single occupancy)  
or £370pp (shared)

**Room 2** - Twin bed (single beds) £360pp

**Room 5** - Ensuite Double for 2 people - £400pp

**Room 6** - King Bed - £490 (Single occupancy)  
or £370pp (shared)

**Room 7** - Twin bed (single beds) £370pp



## FOOD

All food is vegetarian and a range of teas and coffee will be available for you to help yourself to throughout the weekend.

Please feel free to bring a bottle or anything else that you fancy!

There will be a delicious feast of vegetarian food served each day. Please let us know of any dietary requirements well in advance. To give you a flavour you will be served:

### **Friday evening:**

- A healthy and warm dinner to welcome you

### **Saturday:**

- A healthy brunch following your morning practice.
- A mid-afternoon snack
- A delicious dinner

### **Sunday:**

- A healthy brunch following your morning practice.
- An afternoon snack to either see you on your way



## WHAT TO PACK

1. The usual essentials you would normally take on trips away, towels are provided but please bring your own toiletries
2. Re-usable Water bottle
3. Shoes fit for a nice countryside walk i.e. boots , wellies or old trainers.
4. A good book for downtime
5. Slippers or similar for inside accommodation. No dirty shoes beyond the doormats please
6. All mats and props will be provided however we recommend bringing your own yoga mat if you have one.



## **Arrival and transport**

**Birch Pavilion, Mayfield Road, TN3 9HS**

### **In the car**

For those of you driving, the entrance is rather concealed. From Tunbridge Wells you will most likely find the entrance to the lane on your right. Please park in the top car park.

### **On the Train**

Trains leave every 15 minutes from London Charring Cross (Bakerloo Line) and London Bridge Station (Northern and Jubilee Lines).

From Tunbridge Wells Station to Birch Pavilion is a 10-15 minute taxi journey, which should cost around £15.00. We'd be happy connect retreaters arriving at the same with each other so you can share the cost of a taxi to the retreat space.

## HOW TO BOOK

To reserve your spot on the retreat you can pay online or via bank transfer. A deposit of £200 is required to secure your space but you are welcome to also pay in full if you prefer:

### BANK TRANSFER PAYMENTS

**Name:** Katy Bateman Yoga

**Sort Code:** 23-69-72 **Account:** 04795211

**Reference:** Your name

OR

### PAY ONLINE

[www.katybatemanyoga.com/birch-pavilion-retreat-booking](http://www.katybatemanyoga.com/birch-pavilion-retreat-booking)

Full payment must be made by **5 November 2021**.

## CANCELLATION POLICY

To reserve your place on the retreat a non- refundable deposit of £200 (or full cost of room) must be paid via bank transfer. If you wish to cancel your place on the retreat, we will be unable to issue a refund on your deposit, however any deposit may be used against another retreat with Katy + Chloë in the future\* Full payment must be made no later than 5 November.

Any cancellations made within 3 weeks of the retreat start date will not be eligible for a refund, and will be asked to pay for full rental of their room if not already paid. In the unfortunate event we are unable to run the retreat due to ill health or any unforeseen circumstances, Katy + Chloë reserve the right to cancel the retreat no later than 1 week prior to the start date of each retreat, or to run the retreat with one teacher only. In the case that we need to cancel a retreat we will refund all deposits and payments you have paid. We cannot however compensate for any travel costs incurred. In the unlikely event that we must cancel a yoga retreat due to weather, natural disaster or political upheaval, we cannot guarantee a full refund. We will however honour the payment made for use against another retreat.

## COVID 19

If the retreat is cancelled due to Covid 19 we will hold your deposit for use towards a rescheduled retreat.

Please do not attend the retreat if you are presenting with any symptoms of Covid 19. All retreat guests will be asked to take a lateral flow test before attending the retreat.



**We really cannot wait to retreat with you. Please contact us if you have any questions!**

**Katy:**

[katybatemanyoga@gmail.com](mailto:katybatemanyoga@gmail.com)

**Chloe:**

[chloefaulkner yoga@gmail.com](mailto:chloefaulkner yoga@gmail.com)